

From

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_

VIA  Certified Mail  Overnight Mail  Email  Facsimile  Other: \_\_\_\_\_

To

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**RE: Cease and Desist - Debt Collection Contact**

Dear \_\_\_\_\_:

This letter serves as notice to you and your company to immediately cease and desist all contact and communication with me regarding the collection of an alleged debt and all related matters. I received the following on or around \_\_\_\_\_, 20\_\_\_\_: (Check all that apply)

- a telephone call
- a letter
- an email
- numerous telephone calls and messages in one day
- numerous calls on the home, cell and work phone
- other: \_\_\_\_\_

You claim that I owe debt in the amount of \$\_\_\_\_\_ to \_\_\_\_\_ [Name of creditor], account number \_\_\_\_\_ [Account number referenced by debt collector]. ( I do not owe this debt, and I dispute this claim.)

Pursuant to the Fair Debt Collection Practices Act, 15 U.S.C. Section 1692, I demand that you and your company terminate all further contact with me including but not limited to communication via telephone, mail correspondence, electronic mail, or facsimile. Your actions to collect debt from me are: (Check all that apply)  embarrassing  harassing  aggressive  deceitful  threatening  causing emotional and physical duress  causing undue stress  other: \_\_\_\_\_.

If you continue to contact me other than to notify me that you are ending communication or that you are taking other legal action to collect the debt, I will be forced to take legal action against you for violation of the Fair Debt Collection Practices Act and will seek all available damages and remedies.

Sincerely,

Printed Name: \_\_\_\_\_

Title: \_\_\_\_\_

